'TIS THE SEASON TO DRINK MILK.

POWERED BY HILAND MILK





THE GIFT THAT KEEPS YOU GOING.

Protein and calcium
in every carton – the gift that actually does something

Vitamin D
supports immune health through the busiest season of the year

Hiland Whole Milk
locally made, farmer-owned, on your tray all winter long

Hiland® DAIRY FOODS FARMER OWNED

Locally Made.
Naturally Delicious.™

#MerryAndStrongHiland

NEW YEAR.
SAME GREAT MILK.





POWERED BY HILAND DAIRY MILK

Hiland DAIRY FOODS FARMER OWNED

Locally Made.
Naturally Delicious.™

START STRONG. STAY STRONG.



Protein
to build and fuel whatever this year has in store



Calcium & Vitamin D
to keep growing kids strong all year long



Hiland Whole Milk
the same locally made, farmer-owned milk that's been on your tray all year

#NewYearStrongHiland

GRATEFUL FOR THE GOOD STUFF.



POWERED BY HILAND MILK
REAL MILK. REAL GOOD.

Protein
in every carton keeps kids fueled through a full day of school

Calcium & Vitamin D
support strong bones heading into winter

Hiland Whole Milk
locally made, naturally packed with what growing kids need

Hiland® DAIRY FOODS FARMER OWNED

Locally Made.
Naturally Delicious.™

#GratefulAndFueledHiland