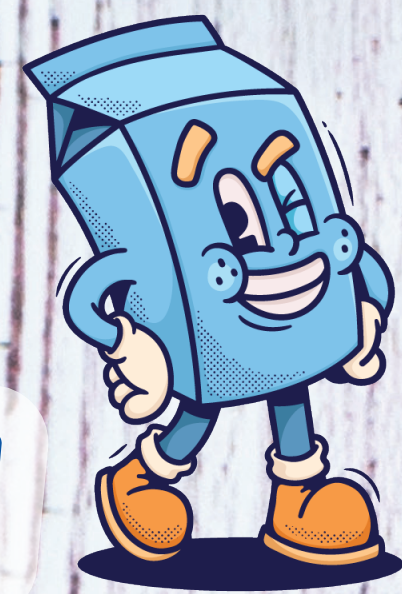


Ready, Set, Fuel for **SCHOOL**



POWERED BY HILAND DAIRY MILK



FRESH START. FULL TANK.



Protein
builds focus and energy for
the school day



Calcium & Vitamin D
builds strong bones for
growing kids



**Protein, Zinc, Selenium,
Vitamin A, & Vitamin D**
supports the immune system
heading into the school year



Vitamin B12 & Potassium
supports steady energy
through a full day of classes

Grab your Hiland Milk at lunch and start the school year strong.

#BackToSchoolWithHiland

SAY HELLO TO HEIDI

YOUR NEW LUNCH BUDDY

HI, I'M
HEIDI!



POWERED BY HILAND MILK



Locally Made.
Naturally Delicious.™

Heidi knows milk at lunch keeps you growing strong all year long.

#HilandHeidi

NO TRICKS. JUST TREATS.

POWERED BY HILAND MILK



Locally Made.
Naturally Delicious.™



THE TREAT WITH ZERO TRICKS.



Protein
builds & repairs muscle for a
night of trick-or-treating



Calcium & Vitamin D
help build & maintain strong
bones & teeth



**Protein, Zinc, Selenium,
Vitamin A, & Vitamin D**
support the immune system as
the weather turns



Vitamin B12 & Potassium
support steady energy for a
full day of costumes and candy

Grab your Hiland Milk at lunch – the best treat of the day.

#HalloweenStrongHiland