



SCHOOL
PRODUCTS

Locally Made.
Naturally Delicious.™



Whole Vitamin D Milk

Item #9165



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 290mg	20%
Iron 0.1mg	0%
Potassium 340mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A MILK, VITAMIN D3.

CONTAINS MILK.



2% Reduced Fat Milk

Item #9168



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2mcg	10%
Calcium 298mg	25%
Iron 0mg	0%
Potassium 354mg	8%
Vitamin A 154mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS MILK.



1% Low Fat Milk

Item #9171



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 370mg	8%
Vitamin A 150mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS MILK.



Fat Free Skim Milk

Item #9173



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 120mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 2mcg	15%
Calcium 300mg	25%
Iron 0.1mg	0%
Potassium 360mg	8%
Vitamin A 150mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A FAT FREE (SKIM) MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS MILK.



CASE COUNT - 50 HALF PINT (240 ML)

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



Whole Chocolate Milk
Item #25482



2% Chocolate Milk
Item #25281



1% Chocolate Milk
Item #9175



Fat Free Chocolate Milk
Item #9178



Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 190

	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 190mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 21g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 3mcg	15%
Calcium 270mg	20%
Iron 0.6mg	4%
Potassium 360mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A MILK, SUGAR, ALKALIZED COCOA, COCOA, CORNSTARCH, SALT, CARRAGEENAN, VITAMIN D3. **CONTAINS MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 180mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 21g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 2.3mcg	10%
Calcium 280mg	20%
Iron 0.4mg	2%
Potassium 420mg	8%
Vitamin A 190mcg	20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A REDUCED FAT MILK, SUGAR, CORNSTARCH, COCOA, ALKALIZED COCOA, SALT, CARRAGEENAN, NATURAL FLAVOR, SILICON DIOXIDE, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 120

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 180mg	8%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.8mcg	15%
Calcium 290mg	20%
Iron 0.2mg	2%
Potassium 370mg	8%
Vitamin A 130mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A LOW FAT MILK, SUGAR, ALKALIZED COCOA, CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.8mcg	15%
Calcium 280mg	20%
Iron 0.2mg	2%
Potassium 380mg	8%
Vitamin A 140mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A FAT FREE (SKIM) MILK, SUGAR, ALKALIZED COCOA, CORNSTARCH, SALT, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**



CASE COUNT - 50
HALF PINT (240 ML)

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



1% Vanilla Shake Milk
Item #30353



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 6g Added Sugars	12%
Protein 8g	16%
Vitamin D 2.7mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 350mg	8%
Vitamin A 130mcg	15%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: GRADE A LOW FAT MILK, SUGAR, CORNSTARCH, GUAR GUM, NATURAL FLAVOR, SALT, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**



1% Strawberry Milk
Item #30352



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 340mg	8%
Vitamin A 150mcg	15%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: GRADE A LOW FAT MILK, SUGAR, VEGETABLE JUICE COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**



Fat Free Strawberry Milk
Item #9177



Nutrition Facts	
1 serving per container	
Serving size 1 Carton (240mL)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	2%
Sodium 95mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 10g Added Sugars	20%
Protein 8g	16%
Vitamin D 2.5mcg	15%
Calcium 280mg	20%
Iron 0.1mg	0%
Potassium 350mg	8%
Vitamin A 150mcg	15%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: GRADE A FAT FREE (SKIM) MILK, SUGAR, VEGETABLE JUICE COLOR, NATURAL FLAVOR, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS MILK.**



CASE COUNT - 50
HALF PINT (240 ML)

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



Apple Juice - 6 oz.
Item #24365



Apple Juice - 4 oz.
Item #9504



Orange Juice
Item #9508



Apple Cherry Juice
Item #24363



Nutrition Facts	
1 serving per container	
Serving size	6 fl oz (177mL)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 20g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.5mg	2%
Potassium 230mg	4%
Vitamin C 1mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, APPLE JUICE CONCENTRATE.

Nutrition Facts	
1 serving per container	
Serving size	4 fl oz (118mL)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	2%
Potassium 150mg	4%
Vitamin C 1mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, APPLE JUICE CONCENTRATE.

Nutrition Facts	
1 serving per container	
Serving size	4 fl oz (118mL)
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Vitamin D 0% • Calcium 2% • Iron 0%	
Potassium 8% • Vitamin C 60%	
Thiamin 8% • Niacin 2% • Vitamin B ₆ 6%	
Folate 6% • Magnesium 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, CONCENTRATED ORANGE JUICE.

Nutrition Facts	
1 serving per container	
Serving size	4 fl oz (118mL)
Amount per serving	
Calories	50
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	2%
Sodium 0mg	4%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 0g Added Sugars	20%
Protein 0g	16%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 130mg	2%
Vitamin C 0mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, APPLE JUICE CONCENTRATE, GRAPE JUICE CONCENTRATE, CHERRY JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS.



CASE COUNT - 75

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**Lactose Free Whole
Vitamin D Milk**
Item #35497



**Lactose Free 2%
Reduced Fat Milk**
Item #35498



**Shelf Stable Lactose
Free 1% Low Fat Milk**
Item #34518



**Shelf Stable Lactose
Free 1% Chocolate Milk**
Item #36142



Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 150

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 120mg **5%**

Total Carbohydrate 11g **4%**

Dietary Fiber 0g **0%**

Total Sugars 11g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 2.5mcg **15%**

Calcium 290mg **20%**

Iron 0.1mg **0%**

Potassium 340mg **8%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A MILK, LACTASE ENZYME*, VITAMIN D3. **CONTAINS:** MILK.
***NOT FOUND IN REGULAR MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 120

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 120mg **5%**

Total Carbohydrate 11g **4%**

Dietary Fiber 0g **0%**

Total Sugars 11g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 2mcg **10%**

Calcium 298mg **25%**

Iron 0mg **0%**

Potassium 354mg **8%**

Vitamin A 154mcg **15%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GRADE A REDUCED FAT MILK, LACTASE ENZYME*, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS:** MILK.
***NOT FOUND IN REGULAR MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 100

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 130mg **6%**

Total Carbohydrate 13g **5%**

Dietary Fiber 0g **0%**

Total Sugars 12g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 2.5mcg **10%**

Calcium 300mg **25%**

Iron 0mg **0%**

Potassium 400mg **8%**

Vitamin A 150mcg **15%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: LOW FAT MILK, LACTASE ENZYME*, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS:** MILK.
***NOT FOUND IN REGULAR MILK.**

Nutrition Facts

1 serving per container
Serving size 1 Carton (240mL)

Amount per serving
Calories 100

% Daily Value*

Total Fat 3g **4%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 150mg **7%**

Total Carbohydrate 18g **6%**

Dietary Fiber 0g **0%**

Total Sugars 17g

Includes 5g Added Sugars **10%**

Protein 8g **16%**

Vitamin D 2.5mcg **10%**

Calcium 280mg **20%**

Iron 0.7mg **4%**

Potassium 470mg **10%**

Vitamin A 150mcg **15%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: LOW FAT MILK, SUGAR, ALKALIZED COCOA POWDER, GELLEN GUM, CARRAGEENAN, VITAMIN A PALMITATE, VITAMIN D3, LACTASE ENZYME*. **CONTAINS:** MILK.
***NOT FOUND IN REGULAR MILK.**



GALLON - 4 / CASE
HALF PINT - 50 / CASE

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**ProPack Snack, 4oz
LowFat Cottage Cheese**

Item #20283



Nutrition Facts	
1 serving per container	
Serving size	4oz (114g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 490mg	21%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 12g	24%
Vit. D 0mcg 0% • Calcium 100mg 8% • Iron 0.1mg 0%	
Potassium 160mg 4% • Vit. A 60mcg 6%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED LOWFAT MILK, NONFAT DRY MILK, LACTOSE, SALT, STABILIZER (GUAR GUM, MONO AND DIGLYCERIDES, XANTHAN GUM, CARRAGEENAN, CAROB BEAN GUM), CITRIC ACID, CARBON DIOXIDE AND POTASSIUM SORBATE (MAINTAIN FRESHNESS), VITAMIN A PALMITATE, CHEESE CULTURES. **CONTAINS: MILK.**



**Fat Free Black Cherry
Yogurt**

Item #16426



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0% • Calcium 15%	
Iron 0% • Potassium 6%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, CHERRIES, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, RED 40 (COLOR), BLUE 1 (COLOR). **CONTAINS: MILK.**



**Fat Free Blueberry
Yogurt**

Item #16427



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0% • Calcium 15%	
Iron 0% • Potassium 6%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, BLUEBERRIES, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, CARAMEL COLOR, RED 40 (COLOR), BLUE 1 (COLOR). **CONTAINS: MILK.**



**Fat Free Cherry
Vanilla Yogurt**

Item #16428



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0% • Calcium 15%	
Iron 0% • Potassium 6%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, CHERRIES, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, RED 40 (COLOR). **CONTAINS: MILK.**



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Fat Free Peach Yogurt

Item #16429



Fat Free Strawberry Yogurt

Item #16432



Fat Free Strawberry Banana Yogurt

Item #16431



Fat Free Vanilla Yogurt

Item #16433



Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 80mg **3%**

Total Carbohydrate 14g **5%**

Dietary Fiber 0g **0%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, PEACHES, PEACH PUREE, NATURAL FLAVORS, SUCRALOSE, MALIC ACID, ANNATTO EXTRACT (COLOR). **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 80mg **3%**

Total Carbohydrate 13g **5%**

Dietary Fiber 0g **0%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, STRAWBERRIES, CORN STARCH MODIFIED, NATURAL FLAVOR, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, RED 40 (COLOR). **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 80mg **3%**

Total Carbohydrate 14g **5%**

Dietary Fiber 0g **0%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, STRAWBERRY PUREE, BANANA PUREE, MODIFIED CORN STARCH, NATURAL FLAVORS, MALIC ACID, SUCRALOSE, ACESULFAME POTASSIUM, RED 40 (COLOR), CITRIC ACID, BLUE 1 (COLOR). **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories **80**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 85mg **4%**

Total Carbohydrate 13g **5%**

Dietary Fiber 0g **0%**

Total Sugars 7g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A SKIM MILK, MODIFIED FOOD STARCH, GELATIN, NON FAT DRY MILK, WATER, MODIFIED CORN STARCH, NATURAL FLAVOR, MALIC ACID, SODIUM CITRATE, ACESULFAME POTASSIUM, ANNATTO EXTRACT (COLOR). **CONTAINS: MILK.**



CASE COUNT - 36 6 OUNCES (170 GRAMS)

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**Low Fat
Blueberry Yogurt**

Item #16448



**Low Fat Boston
Cream Pie Yogurt**

Item #25050



**Low Fat Key
Lime Pie Yogurt**

Item #25051



**Low Fat
Peach Yogurt**

Item #16451



Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories 180

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 100mg 4%

Total Carbohydrate 36g 13%

Dietary Fiber 0g 0%

Total Sugars 32g

Includes 23g Added Sugars 46%

Protein 6g 12%

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, BLUEBERRIES, WATER, POTASSIUM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR), BLUE 1 (COLOR). **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories 180

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 85mg 4%

Total Carbohydrate 36g 13%

Dietary Fiber 0g 0%

Total Sugars 31g

Includes 23g Added Sugars 46%

Protein 6g 12%

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, PHOSPHORIC ACID. **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories 180

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 85mg 4%

Total Carbohydrate 36g 13%

Dietary Fiber 0g 0%

Total Sugars 31g

Includes 23g Added Sugars 46%

Protein 6g 12%

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, WATER, MODIFIED CORN STARCH, LIME JUICE CONCENTRATE, NATURAL FLAVORS, FRUIT JUICE CONCENTRATE AND TURMERIC (COLOR), CITRIC ACID. **CONTAINS: MILK.**

Nutrition Facts

1 serving per container
Serving size 6oz (170g)

Amount per serving
Calories 190

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 85mg 4%

Total Carbohydrate 38g 14%

Dietary Fiber 0g 0%

Total Sugars 34g

Includes 25g Added Sugars 50%

Protein 6g 12%

Vitamin D 0% • Calcium 15%

Iron 0% • Potassium 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR NON FAT DRY MILK HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, PEACHES, WATER, POTASSIUM SORBATE NATURAL FLAVOR, CITRIC ACID, ANNATTO EXTRACT (COLOR), YELLOW 6 (COLOR). **CONTAINS: MILK.**



**CASE COUNT - 36
6 OUNCES (170 GRAMS)**

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**Low Fat
Strawberry Yogurt**

Item #16454



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 95mg	4%
Total Carbohydrate 39g	14%
Dietary Fiber 0g	0%
Total Sugars 33g	
Includes 25g Added Sugars	50%
Protein 6g	12%
Vitamin D 0%	Calcium 15%
Iron 0%	Potassium 6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, STRAWBERRIES, WATER, POTASSIUM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR), BLUE 1 (COLOR). **CONTAINS: MILK.**



**Low Fat Strawberry
Banana Yogurt**

Item #16455



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 90mg	4%
Total Carbohydrate 39g	14%
Dietary Fiber 0g	0%
Total Sugars 34g	
Includes 25g Added Sugars	50%
Protein 6g	12%
Vitamin D 0%	Calcium 15%
Iron 0%	Potassium 6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, STRAWBERRIES, WATER, BANANAS, POTASSIUM SORBATE, NATURAL FLAVOR, CITRIC ACID, SODIUM CITRATE, RED 40 (COLOR). **CONTAINS: MILK.**



**Low Fat
Vanilla Yogurt**

Item #16456



Nutrition Facts	
1 serving per container	
Serving size	6oz (170g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 90mg	4%
Total Carbohydrate 36g	13%
Dietary Fiber 0g	0%
Total Sugars 31g	
Includes 23g Added Sugars	46%
Protein 6g	12%
Vitamin D 0%	Calcium 15%
Iron 0%	Potassium 6%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, NON FAT DRY MILK, HIGH FRUCTOSE CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, CORN SYRUP, WATER, POTASSIUM SORBATE, VANILLA FLAVOR WITH OTHER NATURAL FLAVORS, MODIFIED CORN STARCH, CITRIC ACID, ANNATTO EXTRACT (COLOR). **CONTAINS: MILK.**



**CASE COUNT - 36
6 OUNCES (170 GRAMS)**

In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**Low Fat Blueberry
Yogurt - 5 lb.**
Item #9231



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	165
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Total Sugars 31g	
Protein 7g	14%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, BLUEBERRIES, WATER, MODIFIED CORN STARCH, CITRIC ACID, SODIUM CITRATE, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), RED #40, BLUE #1, NON FAT DRY MILK SOLIDS, CORN STARCH, WHEY PROTEIN CONCENTRATE AND GELATIN. **CONTAINS: MILK.**



**Low Fat Peach
Yogurt - 5 lb.**
Item #9232



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	175
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 90mg	5%
Total Carbohydrate 33g	11%
Dietary Fiber 0g	0%
Total Sugars 33g	
Protein 7g	14%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, PEACHES, WATER, MODIFIED CORN STARCH, NATURAL FLAVORS, CITRIC ACID, POTASSIUM SORBATE (A PRESERVATIVE), YELLOW #6, ANNATTO, NON FAT MILK SOLIDS, CORN STARCH, WHEY PROTEIN CONCENTRATE AND GELATIN. **CONTAINS: MILK.**



**Low Fat Raspberry
Yogurt - 5 lb.**
Item #9234



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	165
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 105mg	4%
Total Carbohydrate 31g	10%
Dietary Fiber 0g	0%
Total Sugars 31g	
Protein 7g	14%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, WATER, RASPBERRIES, NATURAL FLAVORS, MODIFIED CORN STARCH, CITRIC ACID, POTASSIUM SORBATE AND SODIUM BENZOATE (PRESERVATIVES), RED #40, BLUE #1, NON FAT DRY MILK SOLIDS, CORN STARCH, WHEY PROTEIN CONCENTRATE AND GELATIN. **CONTAINS: MILK.**



In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



**Low Fat Strawberry
Yogurt - 5 lb.**

Item #9235



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	165
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 32g	11%
Dietary Fiber 0g	0%
Total Sugars 32g	
Protein 7g	14%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, STRAWBERRIES, WATER, NATURAL FLAVORS, MODIFIED CORN STARCH, CITRIC ACID, SODIUM CITRATE, POTASSIUM SORBATE (A PRESERVATIVE), RED #40, NON FAT MILK SOLIDS, CORN STARCH, WHEY PROTEIN CONCENTRATE AND GELATIN.
CONTAINS: MILK.



**Low Fat Vanilla
Yogurt - 5 lb.**

Item #22417



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	175
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 32g	11%
Dietary Fiber 0g	0%
Total Sugars 32g	
Protein 7g	14%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, NON FAT DRY MILK SOLIDS, SUGAR, MODIFIED CORN STARCH, GELATIN, NATURAL FLAVOR AND ANNATTO COLOR. **CONTAINS: MILK.**



**Plain Low Fat
Yogurt - 5 lb.**

Item #9233



Nutrition Facts	
About 13 servings per container	
Serving size	3/4 Cup (170g)
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Total Sugars 12g	
Protein 8g	16%
Vitamin A 2% • Vitamin C 2%	
Calcium 20% • Iron 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CULTURED PASTEURIZED GRADE A LOW FAT MILK, NONFAT DRY MILK SOLIDS, SUGAR, CORN STARCH, WHEY PROTEIN CONCENTRATE AND GELATIN.
CONTAINS: MILK.



In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.



Sour Cream - 5 lb.

Item #9224



Low Fat Cottage Cheese - 5 lb.

Item #5763



Small Curd Cottage Cheese - 5 lb.

Item #5762



Cultured Low Fat Buttermilk - 1/2 Gal.

Item #1462



Nutrition Facts

About 75 servings per container

Serving size 2 Tbsp (30g)

Amount per serving

Calories 60

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 60mg **3%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 1g

Vitamin D 0mcg 0% • Calcium 50mg 4%

Iron 0mg 0% • Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED GRADE A MILK AND CREAM, GRADE A WHEY (MILK), NON FAT DRY MILK, FOOD STARCH - MODIFIED, SODIUM PHOSPHATE, GUAR GUM, CARRAGEENAN, CALCIUM SULFATE, LOCUST BEAN GUM, POTASSIUM SORBATE (TO PRESERVE FRESHNESS), YEAST EXTRACT, LACTIC ACID BACTERIA. **CONTAINS: MILK.**

Nutrition Facts

About 20 servings per container

Serving size 1/2 Cup (114g)

Amount per serving

Calories 90

% Daily Value*

Total Fat 2.5g **3%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 490mg **21%**

Total Carbohydrate 5g **2%**

Dietary Fiber 0g **0%**

Total Sugars 5g

Includes 1g Added Sugars **2%**

Protein 12g **24%**

Vitamin D 0mcg 0% • Calcium 100mg 8%

Iron 0.1mg 0% • Potassium 160mg 4%

Vitamin A 60mcg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED LOWFAT MILK, NONFAT DRY MILK, LACTOSE, SALT, STABILIZER (GUAR GUM, MONO AND DIGLYCERIDES, XANTHAN GUM, CARRAGEENAN, CAROB BEAN GUM), CITRIC ACID, CARBON DIOXIDE AND POTASSIUM SORBATE (MAINTAIN FRESHNESS), VITAMIN A PALMITATE AND CHEESE CULTURES. **CONTAINS: MILK.**

Nutrition Facts

About 20 servings per container

Serving size 1/2 cup (114g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 4.5g **6%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 480mg **21%**

Total Carbohydrate 5g **2%**

Dietary Fiber 0g **0%**

Total Sugars 4g

Includes 1g Added Sugars **2%**

Protein 11g **22%**

Vitamin D 0mcg 0% • Calcium 80mg 6%

Iron 0.1mg 0% • Potassium 130mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED MILK, LACTOSE, SALT, STABILIZER (GUAR GUM, MONO AND DIGLYCERIDES, XANTHAN GUM, CARRAGEENAN, CAROB BEAN GUM), CITRIC ACID, CARBON DIOXIDE AND POTASSIUM SORBATE (MAINTAIN FRESHNESS) AND CHEESE CULTURES. **CONTAINS: MILK.**

Nutrition Facts

8 servings per container

Serving size 1 Cup (240mL)

Amount per serving

Calories 110

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 260mg **11%**

Total Carbohydrate 14g **5%**

Dietary Fiber 0g **0%**

Total Sugars 13g

Includes 0g Added Sugars **0%**

Protein 9g **18%**

Vit. D 2.8mcg 15% • Calcium 300mg 25% • Iron 0mg 0%

Potassium 420mg 8% • Vit. A 190mcg 20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CULTURED GRADE A LOW FAT MILK, NONFAT DRY MILK, MODIFIED FOOD STARCH, CARRAGEENAN, LOCUST BEAN GUM, SALT, VITAMIN A PALMITATE, VITAMIN D3. **CONTAINS: MILK.**



In an effort to serve the high quality, fresh products that comply with state and federal guidelines, formulas may be updated without prior notice.